



Make Decisions Real: Supported Decision Making Workshops



As part of the *Make Decisions Real* project Inclusion Australia is running some workshops about **supported decision making**.



Supported decision making is about being able to make your own decisions with the right support.



Make Decisions Real aims to help people with intellectual disability and their supporters:

- learn about decision making and decision supporting
- become more confident at making and supporting decisions
- and help people with intellectual disability become more independent and have more say in decisions about their own lives.





These workshops are open to people with intellectual disability and their **decision supporters**.

A **decision supporter** is someone who supports you to make your own decisions.

This could be a family member, friend, carer or other support person.



You can bring up to 2 of your decision supporters to the workshop.



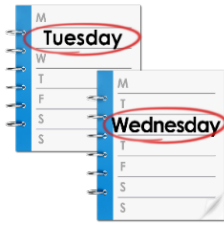
The workshops are co-designed and presented by people with intellectual disability.



The next workshop is happening on Tuesday 1st March and Wednesday 2nd March 2022.



It will be held online on Zoom and is open to anyone in Australia.



The workshop happens over two days.

You need to be able to attend both days of the workshop.



Click on the link below to register as soon as you can so you don't miss out on a spot.

<https://events.humanitix.com/sdmworkshop-online-3>



If you want more information email Emma the Project Coordinator

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