

Make Decisions Real
Focus on Money

Conversation Cards

How to use these cards



Inclusion Australia



1 About your rights and making decisions

- Everyone has the right to get good support to make decisions and have their decisions respected.
- It is important to learn how to make your own decisions.
- People with an intellectual disability also have the right to get good support when making decisions about money.
- These cards will help people with an intellectual disability learn about their rights and talk about what is important to them when making decisions.

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About the 'Make Decisions Real' Project

- Make Decisions Real is a national project by Inclusion Australia for people with an intellectual disability.
- It helps increase the knowledge and skills of people with an intellectual disability and their supporters about making decisions.
- It increases people's confidence in making their own decisions, helping them to have greater choice, opportunities and independence.
- Our Make Decisions Real resources are co-designed with people with an intellectual disability.
- The project was funded by a NDIS Information, Linkages and Capacity (ILC) grant.

3 How to use these cards

- We made these cards to help people with an intellectual disability and their supporters think and talk about making decisions.
- There are 3 different types of cards:
 - Scenario cards – read about people in different situations. What would you do?
 - Question cards – think about different decisions you have made and what is important to you.
 - True or False cards – these are facts about decision making. Are they true or false?
- Some cards are about decision-making in general, and some are specific to money decisions.
- You can use one card, one type of card, or the whole box.
- Read the cards together and think about what is important for you.

4 Scenario Cards

- Each card has a short story about making a decision.
- Read the card and think about the story.
- Think about these questions:
 - How do you think this person feels?
 - How would you feel if it was you?
 - What would you do in this situation?
 - Who could you talk to, to get support?
- You can do this in pairs or as a group, or you can do it by yourself.



5 Question Cards

- Each card has a question about supported decision making.
- Read the question and think about your own life.
- Think carefully about what matters to you.
- There are no wrong answers. Your answers are about you!
- Some of the cards have ideas about where you can find more information.



6 True or False cards

- Each card has a fact about making decisions.
- Think about the fact. Is it true or is it false?
- Some of the cards have ideas about where you can find more information.
- You can use the cards to help you learn more about how you like to make decisions, and how to get good support to do it.



7 Money decisions

- There are 3 different types of cards to help people with an intellectual disability and their supports to think and talk about making money decisions.
- Money Scenarios:
 - Each card has a short story about making money decisions.
- Money Questions:
 - Each card has a question about a money decision.
- Money True or False:
 - Each card has a fact about making a money decision.
- Use these cards to think about the money decisions you make in your own life.



8 Information and resources

Make Decisions Real website:

www.inclusionaustralia.org.au/make-decisions-real

Information about jobs and work: www.everyonecanwork.org.au

Learn about the rules for work and being paid from Fair Work:

www.fairwork.gov.au

Find an advocate to help you with decisions from askizzy.org.au

and www.dana.org.au/find-an-advocate

Find a financial counsellor to help you with your money:

www.ndh.org.au/financial-counselling/find-a-financial-counsellor

Information about safe and good quality support:

www.inclusionaustralia.org.au/project/your-service-your-rights





Inclusion Australia

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