

Family Foundations project

The Family Foundations project will help parents and carers to support their family member with an intellectual disability.

The project runs from December 2025 to December 2027. It is funded by the Australian Department of Health, Disability and Ageing. The grant is from the Information, Linkages and Capacity (ILC) Building Program.

Inclusion Australia have partnered with VALID, SpeakOut and ACTDSID to deliver this project. Our other state and territory members will also support this project.

Who the project supports

The project is for families and carers of people with an intellectual disability.

What the project will do

The project will:

- Deliver workshops and webinars for families and carers in Victoria, Tasmania and the ACT
- Provide information and resources for families and carers across Australia
- Facilitate a national Community of Practice for organisations that provide capacity building for people with an intellectual disability and their families.



Our webinars and workshops will focus on three topics:

- Decision support that respects the person's choices
- Strengthening informal networks of support around a person
- Support for planning ahead for future needs, including times when families may be less able to provide care.

